



AUGUSTUS AND ADRIENNE BLANCO  
PRESENTS



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and SAVE \$\$  
Myimartial.com

# LOUISIANA PRO-AM

## MARDI GRAS CHAMPIONSHIP FEBRUARY 22, 2025 KENNER, LA



(504) 256-4311  
PEEWEEBLANCO@YAHOO.COM

Welcome Martial Artists & Enthusiasts, We welcome you back to the 35th Annual Louisiana Pro-Am Mardi Gras Championship and the great state of Louisiana. This year's event is a LKO, WKC and WKL qualifier. You are guaranteed to fall in love with the spirit of our town and all it has to offer. We hope you will take advantage of some of those benefits this competition has to offer including: • Beautiful awards for both underbelt and black belt divisions. • Senior Black Belt Team Sparring • Qualify to compete for Team USA at the WKL World Games We will again offer prize money for Adult Black Belts Grand Champion winners. Our staff and dedicated judges promise to make your experience in Kenner a memorable one. We'll see you February 22nd in Kenner, Louisiana. Grand Master Augustus "PeeWee" & Adrienne Blanco

### GENERAL INFORMATION PROMOTER:

Augustus & Adrienne Blanco  
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Email: peeweeblanco@yahoo.com

### TOURNAMENT LOCATION:

Clarion Hotel New Orleans Airport & Conference Center  
2829 Williams Blvd., Kenner, LA 70062  
FREE PARKING AVAILABLE

### HOTEL INFORMATION & PRICING

Clarion Hotel New Orleans Airport & Conference Center  
2829 Williams Blvd., Kenner, LA 70062  
(504) 467-5611  
King \$119.00/night Double \$129.00/night Rate  
Cutoff date is Jan 7, 2025

### PRE-REGISTRATION FEES & PAYMENT DEADLINE:

#### EARLY BIRD: February 7, 2025

\$50 FOR FIRST DIVISION, \$25 FOR EACH ADDITIONAL DIVISION  
\$15 SPECTATOR

#### PRE-REGISTRATION: February 14, 2025

\$60 FOR FIRST DIVISION, \$30 FOR EACH ADDITIONAL DIVISION,  
\$20 SPECTATOR

#### AFTER February 14, 2025 - DAY OF EVENT

\$70 FOR FIRST DIVISION, \$35 FOR EACH ADDITIONAL DIVISION,  
\$20 SPECTATOR

SPECTATOR PASSES ARE REQUIRED FOR NON-COMPETITORS. SEE REGISTRATION FOR PRICE PRE-REGISTRATION DEADLINE February 14, 2025

Registration only available at [www.eventsreg.org](http://www.eventsreg.org). Any registrations submitted after February 14, 2025 will be subject to additional fees. All registrations completed at the tournament site will be subject to AT THE DOOR pricing. Please see registration form for detailed costs. Registration and full list of divisions available at [myimartial.com](http://myimartial.com)

### GRANDS AWARDED TO:

\$100 BLACK BELT FORMS  
\$200 BLACKBELT MEN SPARRING  
\$100 BLACKBELT WOMEN SPARRING

### JUNIOR GRANDS FORMS

JR BLACK TRADITIONAL FORMS  
JR BLACK CREATIVE FORMS  
UNDERBELT ADVANCE  
UNDERBELT INTERMEDIATE  
UNDERBELT BEGINNER

Credit/Debit card accepted for online registration.  
NO PERSONAL CHECKS.

### PARENTS & COACHES:

Please keep children under control: no running, horseplay, loud/disrespectful behavior, etc.

### THE FOUNDATION OF MARTIAL ARTS IS DISCIPLINE AND RESPECT.

#### RULES, FINES & ARBITRATIONS:

WKL (World Karate League) rules will be used in all divisions. All Black Belt and Under Black Belt players must enter divisions based upon the age they were on January 1, 2025 at 12:01am.

### JUDGES/OFFICIALS & STAFF

Please PRE-REGISTER and attend our referee clinic. Your experience as a Martial Artist and Judge is appreciated!

### IMPORTANT MESSAGE FOR JUDGES/OFFICIALS & STAFF:

Please know the WKL rules. It is essential that you have a working knowledge of the Judging/Referee criteria in order to provide fair and concise judgment to the competing Martial Artist.

# WKL Divisions

Start time 9:00 am Demo

9:30 am Tournament begins! No limit in division entered!

D-1 DEMO—Everyone is a Winner! Trophy Awarded

H-1 HANDICAPABLE FORMS

H-2 HANDICAPABLE WEAPONS

D-T TEAM DEMO—open team forms (2+ Members)

## Team Kata— Synchronize Form (2-3 members)

TK-1 Team Kata (2-3 members) \* Junior Beginner \* M/F

TK-2 Team Kata (2-3 members) \* Junior Intermediate \* M/F

TK-3 Team Kata (2-3 members) \* Junior Adv / Black \* M/F

TK-4 Team Kata (2-3 members) \* Adult All Ranks \* M/F

## SELF DEFENSE - Single or Multi Attacker

SD-1 Self Defense \* <= 17 \* Beg / Intr \* M/F

SD-2 Self Defense \* <= 17 \* Advanced \* M/F

SD-3 Self Defense \* <= 17 \* Black \* M/F

SD-4 Self Defense \* 18+ \* Underbelt \* M/F

SD-5 Self Defense \* 18+ \* Black \* M/F

## TRADITIONAL WEAPONS - (HARD/SOFT)

TW-01 Trad Weap Beg 11 under M F

TW-02 Trad Weap Int 11 under M F

TW-03 Trad Weap Adv 11 under M F

TW-04 Trad Weap Blk 11 under M F

TW-05 Trad Weap Beg 12 to 13 M F

TW-06 Trad Weap Int 12 to 13 M F

TW-07 Trad Weap Adv 12 to 13 M F

TW-08 Trad Weap Blk 12 to 13 M F

TW-09 Trad Weap Beg 14 to 15 M F

TW-10 Trad Weap Int 14 to 15 M F

TW-11 Trad Weap Adv 14 to 15 M F

TW-12 Trad Weap Blk 14 to 15 M F

TW-13 Trad Weap Beg 16 to 17 M F

TW-14 Trad Weap Int 16 to 17 M F

TW-15 Trad Weap Adv 16 to 17 M F

TW-16 Trad Weap Blk 16 to 17 M F

TW-17 Trad Weap Beg Int Adv 18 Plus M F

## KUNG FU / CHINESE FORMS (SOFT)

KC-01 Kung Fu Chinese beg Int 11 under M F

KC-02 Kung Fu Chinese Adv Blk 11 under M F

KC-03 Kung Fu Chinese beg Int 12 to 13 M F

KC-04 Kung Fu Chinese Adv Blk 12 to 13 M F

KC-05 Kung Fu Chinese beg Int 14 to 15 M F

KC-06 Kung Fu Chinese Adv Blk 14 to 15 M F

KC-07 Kung Fu Chinese beg Int 16 to 17 M F

KC-08 Kung Fu Chinese Adv Blk 16 to 17 M F

KC-09 Kung Fu Chinese beg Int Adv 18 Plus M F

## KEMPO FORMS

KP-01 Forms Kenpo beg Int 11 under M F

KP-02 Forms Kenpo Adv Blk 11 under M F

KP-03 Forms Kenpo beg Int 12 to 13 M F

KP-04 Forms Kenpo Adv Blk 12 to 13 M F

KP-05 Forms Kenpo beg Int 14 to 15 M F

KP-06 Forms Kenpo Adv Blk 14 to 15 M F

KP-07 Forms Kenpo beg Int 16 to 17 M F

KP-08 Forms Kenpo Adv Blk 16 to 17 M F

KP-09 Forms Kenpo beg Int Adv 18 Plus M F

## WEAPONS - CREATIVE /EXTREME (HARD/SOFT)

### With or Without Music

WC-01 Creative Weap Beg 7 under M F

WC-02 Creative Weap Int 7 under M F

WC-03 Creative Weap Adv 7 under M F

WC-04 Creative Weap Blk 7 under M F

WC-05 Creative Weap Beg 8 to 9 M F

WC-06 Creative Weap Adv 8 to 9 M F

WC-07 Creative Weap Int 8 to 9 M F

WC-08 Creative Weap Blk 8 to 9 M F

WC-09 Creative Weap Beg 10 to 11 M F

WC-10 Creative Weap Int 10 to 11 M F

WC-11 Creative Weap Adv 10 to 11 M F

WC-12 Creative Weap Blk 10 to 11 M F

WC-13 Creative Weap Beg 12 to 13 M F

WC-14 Creative Weap Int 12 to 13 M F

WC-15 Creative Weap Adv 12 to 13 M F

WC-16 Creative Weap Blk 12 to 13 M F

WC-17 Creative Weap Beg 14 to 15 M F

WC-18 Creative Weap Int 14 to 15 M F

WC-19 Creative Weap Adv 14 to 15 M F

WC-20 Creative Weap Blk 14 to 15 M F

WC-21 Creative Weap Beg 16 to 17 M F

WC-22 Creative Weap Int 16 to 17 M F

WC-23 Creative Weap Adv 16 to 17 M F

WC-24 Creative Weap Blk 16 to 17 M F

WC-25 Creative Weap Beg Int Adv 18 Plus M F

WC-26 Creative Weap Beg Int Adv 35 Plus M F

## CREATIVE FORMS—With or Without Music

CF -01 Forms Creative All ranks 5 & under M F

CF -02 Forms Creative Beg 6 to 7 M F

CF -03 Forms Creative Int 6 to 7 M F

CF -04 Forms Creative Adv 6 to 7 M F

CF -05 Forms Creative Black 7 under M F

CF -06 Forms Creative Beg 8 to 9 M F

CF -07 Forms Creative Int 8 to 9 M F

CF -08 Forms Creative Adv 8 to 9 M F

CF -09 Forms Creative Blk 8 to 9 M F

CF -10 Forms Creative Beg 10 to 11 M F

CF -11 Forms Creative Int 10 to 11 M F

CF -12 Forms Creative Adv 10 to 11 M F

CF -13 Forms Creative Blk 10 to 11 M F

CF -14 Forms Creative Beg 12 to 13 M F

CF -15 Forms Creative Int 12 to 13 M F

CF -16 Forms Creative Adv 12 to 13 M F

CF -17 Forms Creative Blk 12 to 13 M F

CF -18 Forms Creative Beg 14 to 15 M F

CF -19 Forms Creative Int 14 to 15 M F

CF -20 Forms Creative Adv 14 to 15 M F

CF -21 Forms Creative Blk 14 to 15 M F

CF -22 Forms Creative Beg 16 to 17 M F

CF -23 Forms Creative Int 16 to 17 M F

CF -24 Forms Creative Adv 16 to 17 M F

CF -25 Forms Creative Blk 16 to 17 M F

CF -26 Forms Creat beg Int Adv 18 Plus M F

CF -27 Forms Creat beg Int Adv 35 Plus M F

## FORMS (Traditional Forms only)

If more than 12 we will divide to Boys and Girls

UF-1 TR Forms - Traditional \* <= 5 \* All Ranks \* M/F

UF-2 TR Forms - Traditional \* 6-7 \* Beginner \* M/F

UF-3 TR Forms - Traditional \* 6-7 \* Intermediate \* M/F

UF-4 TR Forms - Traditional \* 6-7 \* Adv / Black \* M/F

UF-5 TR Forms - Traditional \* 8-9 \* Beginner \* M/F

UF-6 TR Forms - Traditional \* 8-9 \* Intermediate \* M/F

UF-7 TR Forms - Traditional \* 8-9 \* Adv / Black \* M/F

UF-8 TR Forms - Traditional \* 10-11 \* Beginner \* M/F

UF-9 TR Forms - Traditional \* 10-11 \* Intermed. \* M/F

UF-10 TR Forms - Traditional \* 10-11 \* Advanced \* M/F

UF-11J TR Forms - Trad. Japanese \* 10-11 \* Black \* M/F

UF-11K TR Forms - Trad. Korean \* 10-11 \* Black \* M/F

UF-12 TR Forms - Traditional \* 12-13 \* Beginner \* M/F

UF-13 TR Forms - Trad. \* 12-13 \* Intermediate \* M/F

UF-14 TR Forms - Traditional \* 12-13 \* Advanced \* M/F

UF-15J TR Forms - Trad. Japanese \* 12-13 \* Black \* M/F

UF-15K TR Forms - Trad. Korean \* 12-13 \* Black \* M/F

UF-16 TR Forms - Traditional \* 14-15 \* Beginner \* M/F

UF-17 TR Forms - Trad. \* 14-15 \* Intermediate \* M/F

UF-18 TR Forms - Traditional \* 14-15 \* Advanced \* M/F

UF-19J TR Forms - Trad. Japanese \* 14-15 \* Black \* M/F

UF-19K TR Forms - Trad. Korean \* 14-15 \* Black \* M/F

UF-20 TR Forms - Traditional \* 16-17 \* Beginner \* M/F

UF-21 TR Forms - Trad. \* 16-17 \* Intermediate \* M/F

UF-22 TR Forms - Traditional \* 16-17 \* Advanced \* M/F

UF-23J TR Forms - Trad. Japanese \* 16-17 \* Black \* M/F

UF-23K TR Forms - Trad. Japanese \* 16-17 \* Black \* M/F

UF-24 TR Forms - Traditional \* 18+ \* Beginner \* M/F

UF-25 TR Forms - Trad. \* 18+ \* Intermediate \* M/F

UF-26 TR Forms - Traditional \* 18+ \* Advanced \* M/F

UF-27 TR Forms - Traditional \* 35+ \* Beginner \* M/F

UF-28 TR Forms - Traditional \* 35+ \* Intr / Adv \* M/F

## YOUTH SPARRING

US-1 PT Sparring - Point \* <= 5 \* All Ranks \* Male

US-2 PT Sparring - Point \* <= 5 \* All Ranks \* Female

US-3 PT Sparring - Point \* 6-7 \* Beginner \* Male

US-4 PT Sparring - Point \* 6-7 \* Intermediate \* Male

US-5 PT Sparring - Point \* 6-7 \* Adv / Black \* Male

US-6 PT Sparring - Point \* 6-7 \* Female \* Beginner

US-7 PT Sparring - Point \* 6-7 \* Female \* Intermediate

US-8 PT Sparring - Point \* 6-7 \* Female \* Adv / Black

US-9 PT Sparring - Point \* 8-9 \* Male \* Beginner

US-10 PT Sparring - Point \* 8-9 \* Male \* Intermediate

US-11 PT Sparring - Point \* 8-9 \* Male \* Advanced

US-12 PT Sparring - Point \* 8-9 \* Male \* Black

US-13 PT Sparring - Point \* 8-9 \* Female \* Beginner

US-14 PT Sparring - Point \* 8-9 \* Female \* Intermediate

US-15 PT Sparring - Point \* 8-9 \* Female \* Advanced

US-16 PT Sparring - Point \* 8-9 \* Female \* Black

US-17 PT Sparring - Point \* 10-11 \* Male \* Beginner

US-18 PT Sparring - Point \* 10-11 \* Male \* Intermediate

US-19 PT Sparring - Point \* 10-11 \* Male \* Advanced

US-20 PT Sparring - Point \* 10-11 \* Male \* Black

US-21 PT Sparring - Point \* 10-11 \* Female \* Beginner

US-22 PT Sparring - Point \* 10-11 \* Female \* Intermed

US-23 PT Sparring - Point \* 10-11 \* Female \* Advanced

US-24 PT Sparring - Point \* 10-11 \* Female \* Black

US-25 PT Sparring - Point \* 12-13 \* Male \* Beginner

US-26 PT Sparring - Point \* 12-13 \* Male \* Intermediate

US-27 PT Sparring - Point \* 12-13 \* Male \* Advanced

US-28 PT Sparring - Point \* 12-13 \* Male \* Black

US-29 PT Sparring - Point \* 12-13 \* Female \* Beginner

US-30 PT Sparring - Point \* 12-13 \* Female \* Intermed

US-31 PT Sparring - Point \* 12-13 \* Female \* Advanced

US-32 PT Sparring - Point \* 12-13 \* Female \* Black

US-33 PT Sparring - Point \* 14-15 \* Male \* Beginner

US-34 PT Sparring - Point \* 14-15 \* Male \* Intermediate

US-35 PT Sparring - Point \* 14-15 \* Male \* Advanced

US-36 PT Sparring - Point \* 14-15 \* Male \* Black

US-37 PT Sparring - Point \* 14-15 \* Female \* Beginner

US-38 PT Sparring - Point \* 14-15 \* Female \* Intermed

US-39 PT Sparring - Point \* 14-15 \* Female \* Advanced

US-40 PT Sparring - Point \* 14-15 \* Female \* Black

US-41 PT Sparring - Point \* 16-17 \* Male \* Beginner

US-42 PT Sparring - Point \* 16-17 \* Male \* Intermediate

US-43 PT Sparring - Point \* 16-17 \* Male \* Advanced

US-44 PT Sparring - Point \* 16-17 \* Male \* Black

US-45 PT Sparring - Point \* 16-17 \* Female \* Beginner

US-46 PT Sparring - Point \* 16-17 \* Female \* Intermed

US-47 PT Sparring - Point \* 16-17 \* Female \* Advanced

US-48 PT Sparring - Point \* 16-17 \* Female \* Black

## ADULT SPARRING (NON BLACK)

US-49 PT Sparring - Point \* 18+ \* Male \* Beginner

US-50 PT Sparring - Point \* 18+ \* Male \* Intermediate

US-51 PT Sparring - Point \* 18+ \* Male \* Advanced

US-52 PT Sparring - Point \* 18+ \* Female \* Beginner

US-53 PT Sparring - Point \* 18+ \* Female \* Intr / Adv

US-54 PT Sparring - Point \* 35+ \* Male \* Beginner

US-55 PT Sparring - Point \* 35+ \* Male \* Intr / Adv

US-56 PT Sparring - Point \* 35+ \* Female \* Beginner

US-57 PT Sparring - Point \* 35+ \* Female \* Intr / Adv

## ADULT BLACK BELT Creative (HARD/SOFT)

BC-01 Creative Forms Blk 18 Plus M

BC-02 Creative Forms Blk 18 Plus F

BC-03 Creative Forms Blk 35 Plus M

BC-04 Creative Forms Blk 35 Plus F

## ADULT BLACK BELT WEAPONS (HARD/SOFT)

BCW-01 Weap Creative Blk 18 Plus M

BCW-02 Weap Creative Blk 18 Plus F

BCW-03 Weap Creative Blk 35 Plus M

BCW-04 Weap Creative Blk 35 Plus F

## ADULT BLACK BELT TRADITIONAL WEAPONS

(HARD/SOFT)With or Without Music

BTW-01 Weap Trad Blk 18 Plus M

BTW-02 Weap Trad Blk 18 Plus F

BTW-03 Weap Trad Blk 35 Plus M

BTW-04 Weap Trad Blk 35 Plus F

## BLACK BELT CREATIVE FORM (HARD/SOFT)

BC-1 CR Black Belt Creative Forms \* 18+ \* Male

BC-2 CR Black Belt Creative Forms \* 18+ \* Female

BC-3 CR Black Belt Creative Forms \* 35+ \* Male

BC-4 CR Black Belt Creative Forms \* 35+ \* Female

## BLACK BELT TRADITIONAL FORMS

BT-01J Trad Japanese Blk 18 Plus M

BT-01K Trad Korean Blk 18 Plus M

BT-02J Trad Japanese Blk 18 Plus F

BT-02K Trad Korean Blk 18 Plus F

BT-02KP Trad Kenpo Blk 18 Plus M F

BT-02KC Trad Kung Fu Chinese Blk 18+ M F

BT-03J Trad Japanese Blk 35 Plus M

BT-03K Trad Korean Blk 35 Plus M

BT-04J Trad Japanese Blk 35 Plus F

BT-04K Trad Korean Blk 35 Plus F

BT-05J Trad Japanese Blk 45 Plus M F

BT-05K Trad Korean Blk 45 Plus M F

## BLACK BELT POINT SPARRING

BS-01 Sparring Blk Light (164 -) 18 Plus M

BS-02 Sparring Blk Middle (165 184) 18 Plus M

BS-03 Sparring Blk Heavy (185 204) 18 Plus M

BS-04 Sparring Blk Sup. Heavy (205 +) 18 Plus M

BS-05 Sparring Blk Feather (144 -) 18 Plus F

BS-06 Sparring Blk Light (145 +) 18 Plus F

BS-07 Sparring Blk Light (175 -) 35 PLUS M

BS-08 Sparring Blk Heavy (176 plus) 35 PLUS M

BS-09 Sparring Blk feather (144 -) 35 Plus F

# WKL QUALIFIER AND STATE RULES AT GLANCE (Complete Rules @TKOLeague.com)

## KATA/FORMS RULES:

- A. All competitors will perform their Katas with scores given when all the competitors are finished.
- B. Scoring Range will be from 9.0-9.9 in all Katas/Weapons Divisions
- C. Each judge must choose their top winners from highest to lowest. Example: 9.9 for 1<sup>st</sup>, 9.8 for 2<sup>nd</sup>, 9.7 for 3<sup>rd</sup> and 9.6 for 4<sup>th</sup> with 9.5 being the median.
- D. All 3 judges must be within the same scoring range. A denomination of (.2) will be applied below the 2<sup>nd</sup> highest score. Example: A score of 9.9, 9.8, **9.3**. Since 9.3 is not in the same range of 9.9 and 9.8, the lowest score of 9.3 will now change to **9.6**.
- F. A second chance will be given to Under Belts (Non Black Belts) who forget their form. All Katas, Weapons, Specialty (Musical, Weapons, 2 man) can restart only once. **Only at STATE and WORLD FINALS, there will be "NO" restart.**
- G. Specialty (Musical, Weapons, 2 man) no longer than 2 minutes
- H. Judging students is allowed

## TIES

- A. If tied – Run off of same or different kata is acceptable.
- B. If tied again - judges point to winner.

## MANDATORY UNIFORMS AND EQUIPMENT:

- A. All uniforms must be of regulation in that particular style or system. (In KATA competition uniform may vary with tournament director's approval)
- B. Must have a clean uniform.
- C. Male competitors will wear groin protector.
- D. No shoes allowed when sparring unless Ring Star approved sparring shoes.
- E. Must wear mouthpiece.
- F. Head, foot and hand gear mandatory.
- G. Must wear elbow pads

## II. MATCHES:

- A. 2 judges will be used for Point Sparring per ring.
- B. Instructors cannot judge their students in sparring

## III. MATCH LENGTH:

- A. All matches will be two minutes or first to 7 points.
- B. Coaching is allowed but yelling profanity, poor sportsmanlike conduct or yelling at a judge will not be tolerated. Judge has the right to disqualify any competitor if these rules are violated.
- C. Coaching: Only one coach is allowed per competitor at the ring to coach their student. No timeouts are allowed with the exception of an injury, which will be called by the head judge. Coaching chair will be added on both side of the ring designated as a "Coaches Box". Coaches must be seating in the coaches chair at all time of the match. Standing is not allowed. A warning will be given, and a one-point penalty awarded to other side by Center Referee for each infraction after warning has been given.
- D. No physical contact from coach and the competitor will be allowed during a match

## IV. SCORING:

- A. Punches 1 point.
- B. All Kicks to body 1 point.
- C. All Kicks to head 2 points.
- D. Confirmation needed to be awarded a point.
- E. Light contact to the face & medium contact to the body for all ranks.
- F. Hands touching floor is legal but not when body, elbows, buttocks and knees touches floor.
- G. Capoeira, and Cartwheel kicks are allowed (1 point for body and 2 for head).

## V. ILLEGAL TECHNIQUES:

No joints, no elbow techniques, no back or blind techniques, or throat techniques. No knee, or leg techniques, take downs (only in rings), headbutts, arms, spine, neck, eyes techniques, or kicks to the legs. No Groin or No Ground fighting

## VI. PROTESTS:

Only the coach has the right to protest any call BEFORE the match is over.

## VII. DISQUALIFICATION:

- A. Excessive contact in all divisions. 1<sup>st</sup> time warning with 2<sup>nd</sup> time disqualification
- B. Swelling, discoloration, or drawing blood an head/face or knockout by malicious intent in all ranks will be grounds for disqualification. (no verification)
- C. Unsportsmanlike conduct or any other form of conduct unbecoming to a martial artist.

## VIII. OUT OF BOUNDS:

- A. Must have both feet over the tape or matted area is out of bounds. (1 point is awarded to opponent)
- B. Confirmed verification needed for out of bounds calls.

## X. FOUL:

- A. Confirmed foul called on an opponent will result in a point awarded to person receiving foul.
- B. Verification needed on fouls.

***All Competitors are responsible to have Birth Certificates if a protest arises.***

# WKL Continuous Sparring (Muay Thai Style)

## TKO Continuous Sparring (Stand Up only) Rules

(Complete Rules @TKOLeague.com)

### Definition:

Light Contact Fighting in a Continuous Manner. Under no circumstances should light contact continuous fighting simulate full contact kickboxing. Utilizing well-controlled techniques, ring craftsmanship and combination skills, competitors should attempt to “outscore” rather than “overpower” their opponent.

Competitors will fight continuously until the referee’s command to “STOP/BREAK”. Techniques should not “strike through” or “push through” the target. Striking with excessive contact, or uncontrolled striking of any kind will lead to disqualification. Emphasis must be placed on both punching and kicking techniques. Punching or “boxing” only to body or leg (Above the knee), for an extended period of time without throwing kicks will downgrade the judge’s evaluation of your performance.

Each match is carried out with running time. The referee and judges will evaluate the relative effectiveness of each fighter based on the number, quality and variety of scoring strikes, defense and conditioning. Rules violations (whether penalized by the referee or not) will downgrade the judges evaluation of the offending fighter. The three officials will determine the winner of each match by majority decision.

### Equipment Needed:

- Adult divisions: mouth-guard, Head Gear, 10oz gloves or larger, groin protection, shin/instep guards.
- Teen divisions: mouth-guard, Head Gear, 10oz gloves or larger, groin protection, shin/instep guards.
- Shorts or pants and school tshirt/rash guard or Martial Arts Uniform must be worn.



**Weigh-in time:** All competitors must weigh at scheduled time. If a competitor missed the weigh-in time, weigh-in will take place at the time when the competitor is called to compete.

### Time and Rounds

- Two (2) - Two (1) minute rounds with a 30 second break. If both Fighter wins each round, a 3<sup>rd</sup> round of 30 second is needed. Head judge will only judge 3<sup>rd</sup> round to insure no ties.

**PLEASE NOTE** - Due to point tabulations and rankings for the State and World Finals, all divisions are set, and a competitor cannot be moved to another division. Only splitting a division is allowed when a competitor is out of their age of at least two (2) years. If there is no one in your division, you will win by default, and an exhibition match will be offered.

### DIVISION CODE, AGE, GENDER AND WEIGHT

|       |                     |            |           |            |
|-------|---------------------|------------|-----------|------------|
| CS-01 | Cont Spar Super Fly | 9 under M  | 9 & Under | 55 Minus   |
| CS-02 | Cont Spar Fly       | 9 under M  | 9 & Under | 56 to 65   |
| CS-03 | Cont Spar Bantam    | 9 under M  | 9 & Under | 66 to 75   |
| CS-04 | Cont Spar Feather   | 9 under M  | 9 & Under | 76 to 85   |
| CS-05 | Cont Spar Light     | 9 under M  | 9 & Under | 86 to 95   |
| CS-06 | Cont Spar Welter    | 9 under M  | 9 & Under | 96 Plus    |
| CS-07 | Cont Spar Bantam    | 10 to 13 M | 10 to 13  | 85 minus   |
| CS-08 | Cont Spar Feather   | 10 to 13 M | 10 to 13  | 86 to 95   |
| CS-09 | Cont Spar Light     | 10 to 13 M | 10 to 13  | 96 to 105  |
| CS-10 | Cont Spar Welter    | 10 to 13 M | 10 to 13  | 106 to 115 |
| CS-11 | Cont Spar Lt Mid    | 10 to 13 M | 10 to 13  | 116 to 125 |
| CS-12 | Cont Spar Middle    | 10 to 13 M | 10 to 13  | 126 to 135 |
| CS-13 | Cont Spar Lt Hvy    | 10 to 13 M | 10 to 13  | 136 to 145 |
| CS-14 | Cont Spar Heavy     | 10 to 13 M | 10 to 13  | 146 plus   |
| CS-15 | Cont Spar Light     | 14 to 17 M | 14 to 17  | 125 minus  |
| CS-16 | Cont Spar Welter    | 14 to 17 M | 14 to 17  | 126 to 135 |
| CS-17 | Cont Spar Lt Mid    | 14 to 17 M | 14 to 17  | 136 to 145 |
| CS-18 | Cont Spar Middle    | 14 to 17 M | 14 to 17  | 146 to 155 |
| CS-19 | Cont Spar Lt Hvy    | 14 to 17 M | 14 to 17  | 156 to 165 |
| CS-20 | Cont Spar Heavy     | 14 to 17 M | 14 to 17  | 166 to 175 |
| CS-21 | Cont Spar Crusier   | 14 to 17 M | 14 to 17  | 176 to 185 |
| CS-22 | Cont Spar Sur Hvy   | 14 to 17 M | 14 to 17  | 186 Plus   |
| CS-23 | Cont Spar Super Fly | 9 under F  | 9 & Under | 55 Minus   |
| CS-24 | Cont Spar Fly       | 9 under F  | 9 & Under | 56 to 65   |
| CS-25 | Cont Spar Bantam    | 9 under F  | 9 & Under | 66 to 75   |
| CS-26 | Cont Spar Feather   | 9 under F  | 9 & Under | 76 to 85   |
| CS-27 | Cont Spar Light     | 9 under F  | 9 & Under | 86 to 95   |
| CS-28 | Cont Spar Welter    | 9 under F  | 9 & Under | 96 Plus    |

### DIVISION CODE, AGE, GENDER AND WEIGHT

|       |                   |            |          |             |
|-------|-------------------|------------|----------|-------------|
| CS-29 | Cont Spar Fly     | 10 to 13 F | 10 to 13 | 75 minus    |
| CS-30 | Cont Spar Bantam  | 10 to 13 F | 10 to 13 | 76 to 85    |
| CS-31 | Cont Spar Feather | 10 to 13 F | 10 to 13 | 86 to 95    |
| CS-32 | Cont Spar Light   | 10 to 13 F | 10 to 13 | 96 to 105   |
| CS-33 | Cont Spar Welter  | 10 to 13 F | 10 to 13 | 106 to 115  |
| CS-34 | Cont Spar Lt Mid  | 10 to 13 F | 10 to 13 | 116 to 125  |
| CS-35 | Cont Spar Middle  | 10 to 13 F | 10 to 13 | 126 to 135  |
| CS-36 | Cont Spar Lt Hvy  | 10 to 13 F | 10 to 13 | 136 Plus    |
| CS-37 | Cont Spar Light   | 14 to 17 F | 14 to 17 | 105 minus   |
| CS-38 | Cont Spar Welter  | 14 to 17 F | 14 to 17 | 106 to 115  |
| CS-39 | Cont Spar Lt Mid  | 14 to 17 F | 14 to 17 | 116 to 125  |
| CS-40 | Cont Spar Welter  | 14 to 17 F | 14 to 17 | 126 to 135  |
| CS-41 | Cont Spar Lt Hvy  | 14 to 17 F | 14 to 17 | 136 to 145  |
| CS-42 | Cont Spar Heavy   | 14 to 17 F | 14 to 17 | 146 to 155  |
| CS-43 | Cont Spar Crusier | 14 to 17 F | 14 to 17 | 156 to 165  |
| CS-44 | Cont Spar Sur Hvy | 14 to 17 F | 14 to 17 | 165 plus    |
| CS-50 | Cont Spar Light   | 18 Plus M  | 18 Plus  | 175 & UNDER |
| CS-51 | Cont Spar Middle  | 18 Plus M  | 18 Plus  | 175 TO 190  |
| CS-52 | Cont Spar Heavy   | 18 Plus M  | 18 Plus  | 190 PLUS    |
| CS-53 | Cont Spar Light   | 35 Plus M  | 35 Plus  | 175 & UNDER |
| CS-54 | Cont Spar Middle  | 35 Plus M  | 35 Plus  | 175 TO 190  |
| CS-55 | Cont Spar Heavy   | 35 Plus M  | 35 Plus  | 190 PLUS    |
| CS-56 | Cont Spar Light   | 18 Plus F  | 18 Plus  | 135 minus   |
| CS-57 | Cont Spar Middle  | 18 Plus F  | 18 Plus  | 135 to 150  |
| CS-58 | Cont Spar Lt Hvy  | 18 Plus F  | 18 Plus  | 151 plus    |
| CS-59 | Cont Spar Light   | 35 Plus F  | 35 Plus  | 135 minus   |
| CS-60 | Cont Spar Middle  | 35 Plus F  | 35 Plus  | 135 to 150  |
| CS-61 | Cont Spar Lt Hvy  | 35 Plus F  | 35 Plus  | 151 plus    |